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Solution to Problem 1047.

Substitute $\sec \alpha = \frac{1}{\cos \alpha}$ and $\csc \alpha = \frac{1}{\sin \alpha}$ into the original expression,

$$\begin{aligned}\sec^2 \alpha + \csc^2 \alpha + \sec^2 \alpha \csc^2 \alpha &= \frac{1}{\cos^2 \alpha} + \frac{1}{\sin^2 \alpha} + \frac{1}{\cos^2 \alpha \sin^2 \alpha} \\ &= \frac{2}{\cos^2 \alpha \sin^2 \alpha} \geq 8.\end{aligned}$$

Equivalently, $\frac{1}{4} \geq \cos^2 \alpha \sin^2 \alpha$ for $0 < \alpha < \pi/2$.

It is obvious that the maximum of $\cos^2 \alpha \sin^2 \alpha$ is achieved when $\cos^2 \alpha = \sin^2 \alpha$, or $\alpha = \pi/4$. A little computation shows the maximum is indeed $\frac{1}{4}$. ■