



# YOU CAN CHANGE YOUR WHOLE LIFE IN YOUR SLEEP.

A **Nikken Sleep System** can improve the quality of your sleep, as well as the quality of your life.

There is a product that can completely transform how you feel every day. The cost is surprisingly low. The results are lasting. And the difference it can make will amaze you.

## The Most Advanced Sleep System in the World. Only from Nikken.

Technology so revolutionary, it's patented. So innovative, there's nothing like it anywhere else. So advanced, it offers a new level of relaxation and comfort.

You only have so many hours to spend in sleep. If you're not getting the most from them, you'll feel it.

No one can make the pressures of daily life go away, but you can improve your body's ability to deal with them. Gain increased energy, feel more relaxed, and enjoy better health. The answer may be as simple as replacing what you sleep on.

Once you have experienced the Advanced Sleep System from Nikken, you will know what a difference it can make.

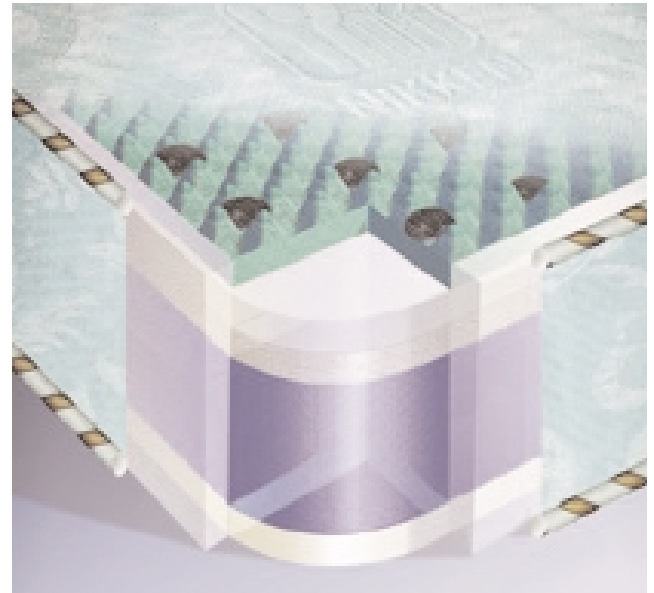
## Unique Technology

It's never been advertised, but thousands of people have discovered it. It's helped them to feel better, reduce stress, boost their energy and increase their level of wellness.

A Nikken Sleep System is—surprisingly—in the same price range as many traditional innerspring mattresses. And unlike a regular mattress, there's nothing that can break; it doesn't need to be filled with water or air, be adjusted or plugged in. But there the similarity ends.

Years of research and testing have identified the exact requirements for a person to sleep well. Nikken has turned these findings into the practical technology found in the Nikken Sleep System.

And we never stop this process. New research, pioneered by specialists and laboratories worldwide, is constantly leading to new sleep technologies. Nikken examines each new technological development, and tests its effectiveness. If it passes our rigorous testing procedures, it becomes a part of our design—a superior product that is based on the physiology of sleep.



**Y**ou know that a lack of sleep can make a person tired and irritable, less able to think clearly and get work done, and too worn out to enjoy any leisure time.

But when you don't sleep well, you're more than just tired. You could be damaging your health.

Every day we put physical stress on our muscles, joints and internal systems. And the mind gets a workout as well. Sleep is the body's way of restoring itself, to get ready for the next day.

Miss out on the sleep you need, and you're taxing your body's defenses. Lack of sleep has been implicated as a contributor to illness. And many medical specialists consider it the number one health problem today.

According to a 1999 survey conducted by the National Sleep Foundation, nearly half of us have trouble sleeping several times a week—difficulty in falling asleep, waking up too many times or feeling tired in the morning. And almost all of us have these problems from time to time.

Fortunately, you can take action right away to increase your rest. By choosing the most advanced sleep system in the world, you can improve the quality of your sleep and your outlook on life. Only from Nikken.

The importance of sleep

Nikken offers a broad selection of products in our Advanced Sleep System lineup. This way you can choose one with the combination of features that meets your requirements.

## Advanced Promo Pad Design

The Nikken Sleep System features an updated version of our patented Promo Pad Design, the modern form of a technology that's been recognized for hundreds of years. Advanced Promo Pad Design includes promo pads that incorporate enhanced design features. The new configuration also optimizes pad placement.

A conventional mattress is not constructed with this fact in mind—it not only lacks promo pad technology, but it's also the same over every square inch of its surface.

The Nikken Sleep System has a more sophisticated design. The Central Support Zone precisely places promo pads in specific areas.

## Rubberthane—a new idea in composite materials

Nikken developed its patented Rubberthane to provide the most comfortable combination of cushioning and support. Rubberthane combines a yielding but firm polyurethane base, with layers of soft-



er foam for cushioning, and a surface of specially tipped nodules that deliver the feeling of a soothing massage.

The use of Rubberthane creates mattresses and pads that are different from other products featuring raised-tip surfaces. Only Nikken Rubberthane includes a patented process that alters the density of the individual nodule tips. The result is a material that produces a subtle, but uniquely stimulating effect.

A gentle massage can help to promote circulation and ease tension. Rubberthane was developed with this principle in mind. It creates a pleasantly relaxing sensation that encourages restful sleep.

The Rubberthane layer is complemented by layers of supporting foam, and the design helps to promote ventilation, disperse perspiration and absorb vibrational movement.



## Multiple designs

Advanced Promo Pad Design and Rubberthane Technology set the Nikken Sleep System apart from ordinary beds, or any other sleep design. Choose the products that work best for you:

The **Ultra KenkoPad® Deluxe** is a complete mattress system, that features Advanced Promo Pad Design and Rubberthane Technology. The top of the line in comfort, it supplies a level of sleep luxury far above an ordinary bed.

The **Ultra KenkoPad®** puts Advanced Promo Pad Design and Rubberthane Technology in a thick, comfortable pad, that allows you to transform your existing mattress into a Nikken Sleep System.

For relaxation on the road, the Nikken **Travel Pad** is designed for use on any bed, anywhere.

The Nikken **KenkoPillow®** also uses Promo Pad Design and Rubberthane, for complete sleep comfort. There's even a Nikken **Kenko™ Sleep Mask**, to make your sleep experience complete. It blocks light to help you obtain deep sleep at any time of night or day.

## Viscoelastic—like floating in space

For an even softer combination of almost-fluid lightness and solid support, you can choose the Nikken **Intelli-Rest KenkoPad**, with a viscoelastic surface.

First developed in conjunction with NASA space scientists, viscoelastic material actually conforms to the body's shape to provide balanced, comfortable support all over.

After years of development, technicians succeeded in producing a substance that, under the warmth and pressure of a human body, contours itself to conform to the body's unique curves. It's a "slow mem-







ory” material, returning to its previous shape when left alone, then reshaping itself to accommodate any change in position. This provides a sleeper with consistently even support.

The open-celled viscoelastic material effectively disperses heat and perspiration, to help you feel cool and comfortable in summer.

Nikken Rubberthane sits on top of the viscoelastic layer, so you still get the firm support you need. And like all Nikken Advanced Sleep System models, the Intelli-Rest KenkoPad features Advanced Promo Pad Design.

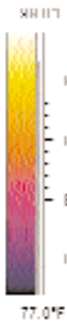
There’s a Nikken **Intelli-Rest Pillow**, that uses the same viscoelastic system to comfortably support your head and neck.

Far-infrared fibers in Nikken comforters absorb this energy and reflect it back in the form of deep heating waves. Since Far-Infrared receives and returns the energy only when your body needs it, and the comforter ventilates excess heat, you stay comfortable all night.

Nikken comforters, in summer, winter and original weights and the Travel Comforter all apply the principle of Far-Infrared Technology for all-season comfort.

The features in a Nikken Sleep System—Advanced Promo Pad Design, Rubberthane, Viscoelastic Technology—are also designed to provide an unparalleled degree of comfort and relaxation.

The comforters and the sleep system combined, add up to a sleep experience like no other.



## Far-Infrared Technology— Natural Temperature Control

An important part of what makes a Nikken Sleep System so accommodating is the Far-Infrared Technology used in Nikken comforters. Far-Infrared Technology is a revolutionary balance of reflection and breathability. When cold, the human body generates energy to warm itself.

## The Nikken Promise

Every one of these products is manufactured to exacting standards of quality and durability. They’ll stand up to everyday use. And properly cared for, they’ll keep on doing what they were designed to do: helping to make your life more comfortable.

At Nikken, we’ve been pursuing that goal since 1975. We recognize the importance of a good night’s sleep. It’s one step you can take right away to help you be at your best.

So call your Nikken Independent Distributor today. And by the way, pleasant dreams.

