

MaineHealth Learning Resource Center



**The MaineHealth Learning
Resource Center is your source for
local, reliable health information.**

How can we help you?

Contact us today

Email: HealthQuestions@mainehealth.org

Call: 207-396-8570 or 866-609-5183

Online: www.MaineHealth.org/LRC

Visit:

5 Bucknam Road, Falmouth

100 Campus Drive, West Entrance, Scarborough

Here to help.



Visit or contact us to:

- Learn about your disease or condition, treatment options or any other health topic
- Get help finding trusted websites for reliable health information
- Be referred to other local, reliable sources of information
- Get help completing your advance directive (by appointment)

We offer:

- Health information and resources by mail, email, phone and in person
- Lending libraries with books and DVDs
- Audiobooks and eBooks
- Brochures and booklets
- Classes to improve your health

Follow us for health tips,
recipes and more!



MaineHealthLRC



MaineHealthLRC1



MaineHealthLRC



MaineHealthLRC1

Notes:
