

MaineHealth

Community Education

ENGAGE

YOUR PATIENTS

- Identify patient-specific education resources
- Provide self-management tools and action plans
- Coordinate health education classes when and where you need them

EDUCATE

YOUR STAFF

Provide training in:

- Health literacy
- Communicating numbers
- Writing patient-centered letters
- Writing for plain language and readability
- Finding credible health education resources
- Health coach certification
- Mindfulness-Based Stress Reduction

CONNECT

YOUR PRACTICE

- Health literacy review of your patient materials
- Provide reputable and accessible health information online
- Hold focus groups for employees and patients
- Assist in creating and managing your social media messages



EMAIL JESS

at beglej@mainehealth.org to connect with our team of health educators.

To learn more about our FREE services, contact us today!
mainehealth.org/CEP 207-396-7413

MaineHealth

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What providers are saying about us...

“All providers should know about this program.”

Jennifer

Maine Medical Center

Jane

Southern Maine Health Care

“They helped us standardize our patient education resources across all providers.”

“The speakers, the learning tools — it all made us smarter about health literacy.”

Mike

Pen Bay Health Care

Mary

Maine Medical Partners

“Prior to accessing the program, we didn't have any place to turn to. We didn't have that 'go-to person' like we have now.”

How can we help YOU?

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