

Henry and Marty Restaurant and Catering Dinner for Good Health

Menu

Appetizer

Local organic root vegetable soup

Maine field green salad with pickled root vegetables,
Hahn's End artisanal cheese and white balsamic vinaigrette

Choice of Entree

Bisson Farm BBQ beef brisket
with Yukon Gold mashed potato and nightly vegetable

Maine-made Lalibela Farm Tempeh Cassoulet
Slow braised beans with root vegetables in smoked maple broth with jasmine rice

Gulf of Maine groundfish Jambalaya
Local fish, sausage and chicken in a lightly spiced tomato broth served with Polenta cake

Miso Braised Chicken
All natural bone-in chicken slow cooked in a go-en brown rice miso braise served with
Jasmine rice and nightly vegetable

Dessert

Citrus Mousse with a nut cookie and whipped cream

Apple Blueberry Crisp and Shain's of Maine vanilla ice cream

Organic free trade coffee and decaf by Moses Dyer Coffee Roasters

All funds from tonight's event go to Oasis Free Clinics (including wine sales and tips.)

Paul and Aaron would like to thank the staff who have volunteered their time and energy to prepare the food and serve you this evening. We would also like to thank the following purveyors who have generously donated to this event: Bisson Farm, Six River Farm, Hahn's End Artisanal Cheese, Shain's of Maine Ice Cream, Moses Dyer Coffee Roasters, Harbor Fish, Standard Bakery, Native Maine Produce, Sysco Foods, and Pratt Abbott.

Oasis Free Clinics

Our Services

Medical

Adult Primary Care
Health Screenings
Women's Health
Chronic Disease Management
Referrals to Specialists

Dental

Cleanings
X-rays
Fillings
Extractions

Community Prescription Assistance Program

Help getting free medications

Our Service Areas

Arrowsic
Bailey's Island
Bath
Bowdoin
Bowdoinham
Brunswick
Durham
Freeport

Georgetown
Harpwell
Orr's Island
Phippsburg
Richmond
Topsham
West Bath
Woolwich

Who We Serve

Adults between 18 and 64
Have no health insurance
Make less than \$24,980 each year, if single

Contact Us

Call: 721-9277

Email: Oasis@OasisFreeClinics.org

Web: OasisFreeClinics.org