

OASIS

FREE CLINICS

2018 Annual Report





For more than a year, the topic of MaineCare (Medicaid) expansion in Maine has been the subject of news coverage and legislative debate. While Maine citizens approved the expansion in November 2017 and the Maine Legislature identified a funding mechanism in the spring of 2018, the law has not been enacted.

We at Oasis have been paying close attention. Because we believe health care is a basic right, we look forward to the day when the expansion of MaineCare means more people can afford to see a doctor when they need to.

At Oasis, our mission is to offer free, quality health care services to persons of limited means living in the greater Bath-Brunswick area. If MaineCare expansion becomes a reality, what will that mean for Oasis? Many of our current patients—mostly hard-working folks with low income and no health insurance--will become eligible for MaineCare and will be able to seek and pay for care at a traditional primary care practice.

Will the need for Oasis Free Clinics go away? We think not. Here's why:

Dental care

A substantial and growing portion of Oasis' services is providing dental care for those without dental insurance or the ability to pay. Dental care is critical to overall health. The unmet need for this service in Midcoast Maine is enormous, and expansion of MaineCare will not impact the demand, because MaineCare covers only emergency dental issues.



Uncertainty of the Future

We and our legislative advisors believe that MaineCare expansion is unlikely until after January 2019. The future of MaineCare expansion will likely hinge on who is elected to the Blaine House.



Uncertainty about the Affordable Care Act (ObamaCare)



National health policy is in the crosshairs. With the current administration looking unfavorably on the Affordable Care Act, under whose auspices MaineCare expansion is possible, we remain vigilant to any further erosion of federal support for health insurance and health care access.

Period of Transition



If and when MaineCare is eventually expanded, there will be a significant transition period needed to allow formerly uninsured patients (from Oasis and the state as a whole) to enroll and to find a medical practice ready to accept new patients. Oasis intends to be here for our patients until they have a safe landing at a new practice, which could take a year or longer after expansion occurs.

So, the need continues, and we remain ready to serve our patients—for primary care, for dental care and for prescription assistance--while the political swirl continues. It is our aspiration to deliver our care with dignity, confidentiality, respect, and equal access. We continue to rely on the generosity of many dedicated volunteers: providers, nurses, dentists, and other clinical and administrative volunteers, as well as on your charitable donations. Thank you for your ongoing support; we could not do this work without you.

Please don't hesitate to reach out if you have any questions or would like to discuss the issues.

A handwritten signature in black ink that reads "Shannon".

Shannon Banks
President of the Board
Oasis Free Clinics

Success Story

Cindy is a woman on the move. Between her weekly bowling league (she has her own shoes and ball) and walking three miles each day, she is a woman with a mission: to lose 80 pounds in 2018.

Cindy is 32 years old and grew up in the Midcoast. She went away to college but came back home to live and work. Cindy came to Oasis in 2014 because she had lost MaineCare coverage and she could not afford the health insurance offered at either of her two jobs. She was on the verge of developing diabetes, had gained weight and was taking medications for blood pressure and cholesterol.

At Oasis, Cindy found the help she wanted and needed. "Oasis has been a lifeline. They call to remind me of my appointments. After I was at the emergency room, they called to check on me. I am not just another patient there. They are friendly and know my name. They notice when I get a new haircut, and they make me feel special." When asked what she would have done without Oasis, she shakes her head. "I would not have gone to the doctor. And I wouldn't have tried to take care of myself like I am now."



2017

As Cindy's health care provider, the team at Oasis has been here for her, cheering her on and supporting her as she has made big changes. It all began this winter when Rebecca, the Oasis Clinical Director, referred Cindy to Ally, our nutrition educator. "Rebecca knew that I was struggling with my weight, and she told me that Ally could help," said Cindy. "I've been meeting with her ever since." Cindy is working with Ally to identify small changes that make a big difference. "I drink very little soda now. Some people love sweets, but bread is my thing. Now I only eat bread once a day. I'm eating a lot more vegetables, and I'm trying different salad greens. I just had arugula for the first time!"

Since she began working with Ally, there have been many changes for Cindy, thanks to her determination and the partnership with the Oasis team. She has lost more than 50 pounds and lowered her blood sugar levels. She no longer needs her cholesterol medication and hopes to drop her blood pressure medication. She walks three miles each day and has participated in two 5K races for a local charity because giving back to others is important to her. It is clear that she feels great about her accomplishment; she has a ready smile and practically glows when she talks about the changes in her life. Cindy reports that she has a lot more energy for work and fun. She even got a bathing suit this summer - the first one in years. Cindy said, "I've been taking a lot of selfies because I'm happy to see myself in pictures now."



Today

Cindy has 38 more pounds to reach her goal. She has signed up for another 5K race and hopes to shave time off her previous record. She is excited about a new job prospect and feels good about herself and her future. This has been a true win-win partnership.

Good health is always a work in progress, and Cindy's story is a terrific example of how, with determination and the right support and resources, you can improve your health and change your life.

"Oasis has been a lifeline. I am not just another patient there."

Overall Oasis Highlights

- Successful transition to Electronic Medical Records
- Successful leadership transition of both Clinical and Medical Directors
- Enhanced relationship with community partners, including MidCoast Parkview Health, Bowdoin College, Freeport Community Services, Mid Coast Hunger Prevention, Tedford Housing and The Gathering Place
- Increase in fundraising, including growth of major donors; increase in new donors and community events
- Increase in the number of town governments supporting Oasis
- Increase in the amount of press coverage received

Medical & Mental Health Clinic Highlights

- 46% increase in new patients
- 17% increase in total patients
- 13% increase in visits

Dental Clinic Highlights

- 49% increase in patient visits
- 36% increase in patients
- 48% increase in volunteer hours
- 43% increase in hygiene clinics
- 38% increase in the value of services
- 22% increase in dental clinics

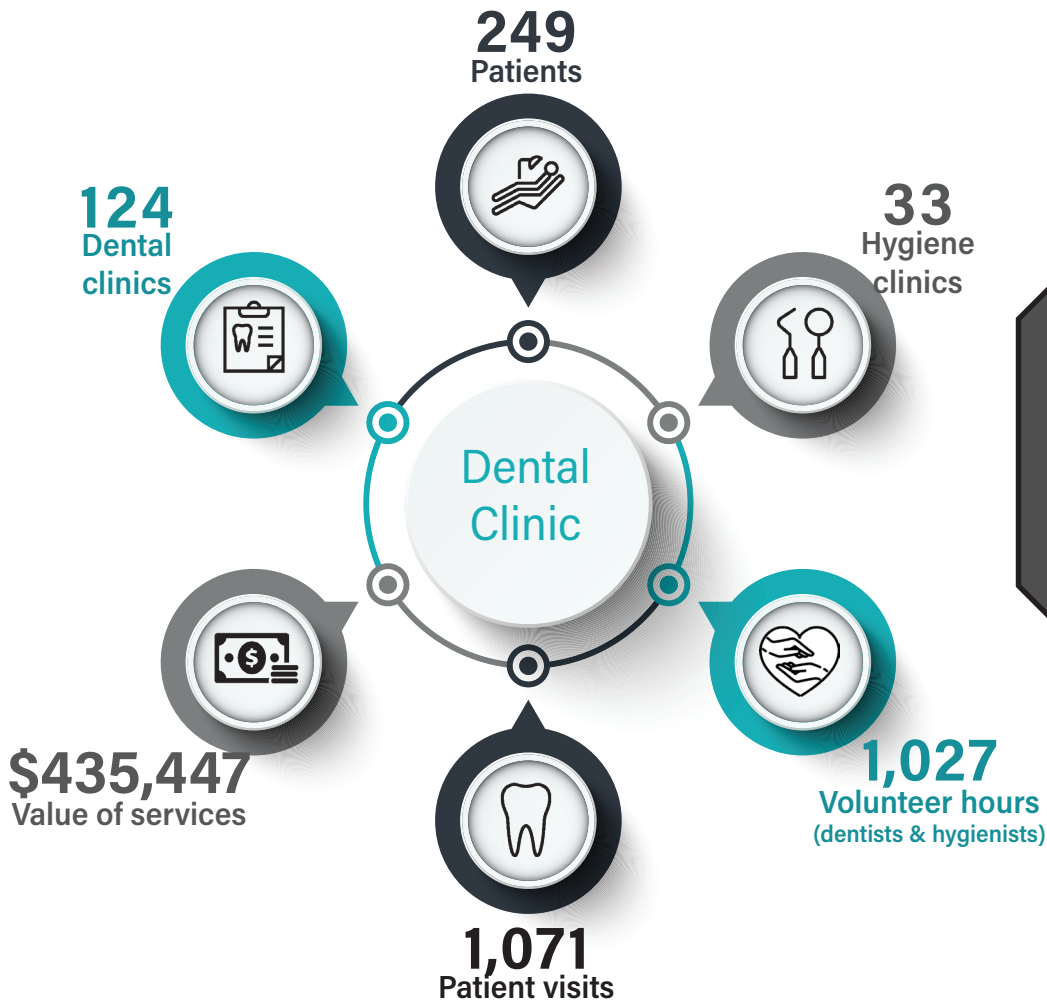
Community Prescription Assistance Program Highlights

- 25% increase in the value of medication
- 0.8% increase in medications ordered
- 11% decrease in number of patients. We are not sure why there was a decrease but think that high provider turnover in the area was a factor.

Volunteer Highlights

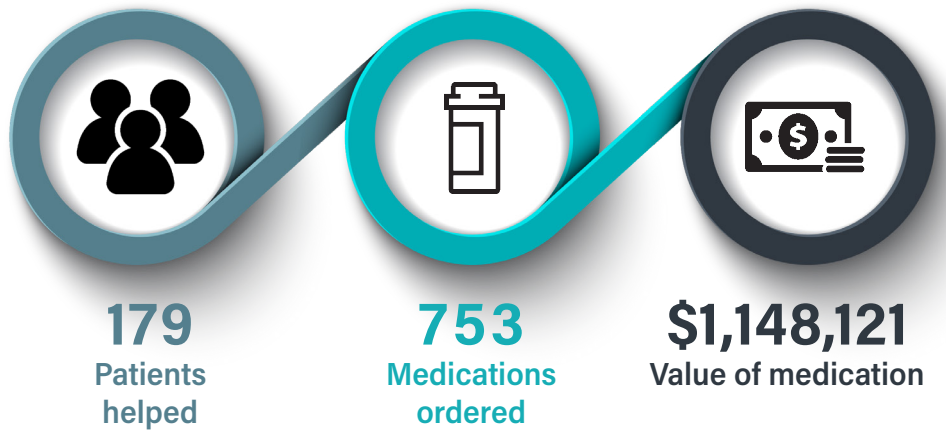
- 658% increase in college student volunteer hours due to increase collaboration with Bates and Bowdoin Colleges
- 11% increase in board, committee, dental and medical director volunteer hours

FY17-18 Recap

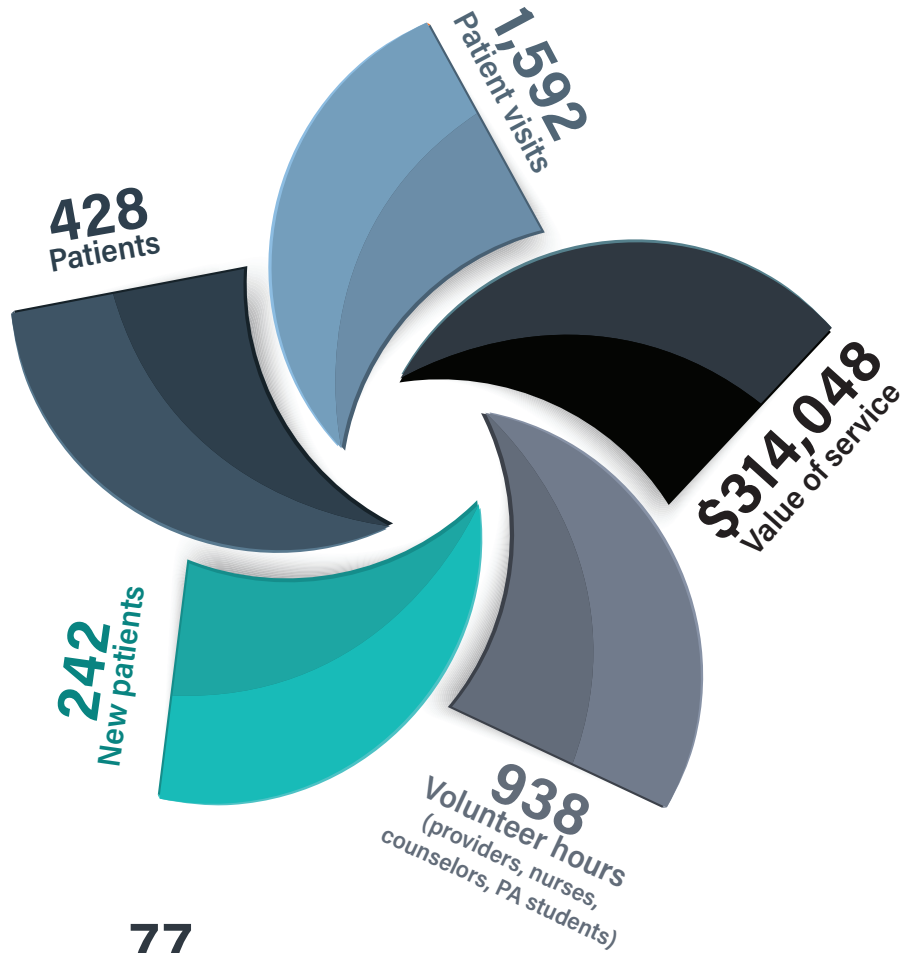


Dental Clinic

Community Prescription Assistance Program



Medical & Mental Health Clinic



652
College student hours

77
Eligibility screening hours

Volunteer Hours

665
Board, committee, dental, and medical director hours

40
Administrative hours

Volunteer Hours

Our Donors

Thanks to the generous support of individuals, churches, businesses, foundations and the United Way of Midcoast Maine, we were able to provide our free medical, dental and prescription assistance services to those who needed them. We are humbled by and grateful for the financial support we received from our community from July 1, 2017 to June 30, 2018.

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I like volunteering at Oasis
because I know that everything
I do, no matter how little, is
ultimately helping Oasis provide
necessary healthcare and
services to patients.”

-Julie Scholes

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I enjoy volunteering for
Oasis because I always
feel like I get back more
than I give.

-Dr. Elsaesser

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Jade Integrated Health

Maine Medical Association

Maine Optometry

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Merrymeeting Bay Dental Society

Mid Coast Hospital Medical Staff

Mid Coast-Parkview Health

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All Saints Parish

Brunswick Friends Meeting

Elijah Kellogg Church

First Parish Church

Island Community Church

South Freeport Congregational Church

St. Paul's Episcopal Church

Unitarian Universalist Church of Brunswick

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United Way of Midcoast Maine



Our volunteers are the heart and soul of the work we do. Thanks to their dedication and compassion, we helped hundreds of people last year. If you know any of our volunteers, please thank them for their service to Oasis.

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Frederick Elsaesser, DDS, Volunteer Dental Director
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Valerie Bisson, Per Diem Dental Assistant
Cynthia Bradbury, Per Diem Dental Assistant
Kimberly Dodge, CPAP Coordinator
Lisa Haskins, LCPC, Mental Health Coordinator
Kristy Pratt, Medical Secretary
Tammy Nautel, Dental Assistant



Leadership Team with Kate from Senator Collins' Office



Tufts student Will & Dr. Maher



Anita



Rebecca & Nurse Peg



Lisa



Tammy



Dr. Elsaesser giving a tour



Valerie



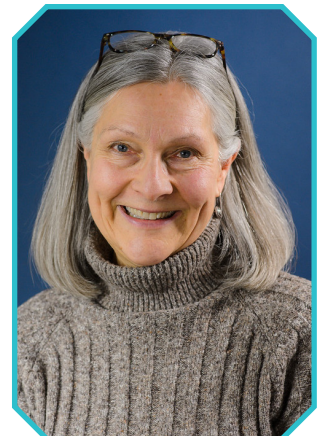
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Kristy



Cynthia



Andree

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 Frank Wnek



Shannon Banks



Matt Kanwit



Seth Ramus



Casey Mangum



Richard Corbin



Walter Higgins



Brandon Hotham



Brett Jensen



Steve Loeb



Peter McGuire



Rande Reynolds



Brian Robinson



Frank Wnek

Budget

	7/1/17-6/30/18 Budget	7/1/17-6/30/18 Actual*	7/1/18 - 6/30/19 Budget
Revenue			
Gifts & Donations	\$158,708	\$217,152	\$221,170
Foundations & Grants	\$206,600	\$101,663	\$88,800
Total Revenue	\$365,308	\$318,815	\$309,970
Expenses			
Personnel**	\$287,308	\$283,319	\$264,968
Medical & Dental Supplies	\$20,950	\$18,451	\$20,750
Other Expenses	\$57,050	\$63,617	\$57,523
Total Expenses	\$365,308	\$365,387	\$343,241

*Oasis sustained a net operating loss of \$46,572. Operating reserves were used to cover the shortfall of revenue to expenses. We experienced challenges in raising funds from foundations as competition for these funds continues to increase. This shortfall was partially offset by significant growth in gifts and donations. Expenses were in line with budgeted amounts. In planning for FY19, we have revised expected acceptance rates for foundation funding and taken action to reduce expenses without compromising core service offerings. Additional operating reserves are available to cover the expected gap between revenue and expenses for FY19, and a management plan is in place to return Oasis to a breakeven operating margin by 2020.

** In addition to paid staff, Oasis benefits from almost 3,400 hours of volunteer time.

OASIS
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Committed to Our Community's Health
2018 Annual Report