

Spiritual Healing: -

Before, I start, please allow me to ask you this. "Are you a Name-sake Christian or a Spiritual Christian or just any other curious person?"

Here, I have quoted some scriptures, excerpts of some sermons, prayers etc, etc that have helped me tremendously to grow spiritually and carried me through in times of trouble, fear and anxiety.....btw I am a bad preacher @.....as evident from my interpretations below...@.....if you want to know more or understand clearly, please see some real preacher...@...hahha...just joking... shoot me an email....of course, I will do my best!....I know some real good ones @..I mean to say good preachers....hahha....here we go....

Some Scriptures:-

II Corinthians 7:10 says, "For God can use sorrow in our lives to help us turn away from sin and seek salvation. We will never regret that kind of sorrow. But sorrow without repentance is the kind that results in death."

I can vouch for that! Some people turn their life to God when they are filled with sorrow and depressed with life, doesn't matter if you are rich or poor.

Here is a scripture that lays emphasis on the same...

Peter 1:7 says, "The purpose of these troubles is to test your faith as fire tests how genuine gold is. Your faith is more precious than gold, and by passing the test, it gives praise, glory, and honor to God. This will happen when Jesus Christ appears again."

Romans 10:9-10 says, "That if you confess with your mouth, "Jesus is Lord," and believe in your heart that God raised him from the dead, you will be saved. For it is with your heart that you believe and are justified, and it is with your mouth that you confess and are saved."

Yes! We have to confess with our mouth and at the same time believe it with all our heart, that Jesus is our Lord and Savior. That's it people!!...hold on to it...keep on keep on holding on to it...its Faith in Christ that will lead us to success!!

The following scriptures lay emphasis on "Faith"...

- Hebrews 10:23 says, "We must continue to hold firmly to our declaration of faith. The one who made the promise is faithful."
- Numbers 23:19 says, "God is not a man, that he should lie, nor a son of man, that he should change his mind. Does he speak and then not act? Does he promise and not fulfill?"



Colossians 3:5-11 says, "Therefore, put to death whatever is worldly in you: your sexual sin, perversion, passion, lust, and greed (which is the same thing as worshiping wealth). It is because of these sins that God's anger comes on those who refuse to obey him. You used to live that kind of sinful life. Also get rid of your anger, hot tempers, hatred, cursing, obscene language, and all similar sins. Don't lie to each other. You have gotten rid of the person you used to be and the life you used to live, and you have become a new person. This new person is continually renewed in knowledge to be like its Creator. Where this happens, there is no Greek, or Jew, circumcised or uncircumcised, barbarian, uncivilized person, slave, or free person. Instead, Christ is everything and in everything."

Once, we are born again or saved in Christ, we should be continually renewed in knowledge (which is the Bible) and try to be like Christ, the Creator. This man, the Son of God was a sinless man!!...He was pure and holy!!...Can we be like him in this present World?....or should we at least try as believers?!...Yes! we should....and Bible is the way!

Psalm 34:18-19 says, "The Lord is close to the brokenhearted and saves those who are crushed in spirit. A righteous man may have many troubles, but the Lord delivers him from them all."

It is said, a righteous man may have a plethora of troubles....but the person, the spirit, who is in us, who reigns us, will save us and deliver us from all those devilish troubles we would face in today's World....and Jesus is close to the brokenhearted....so rejoice friends, rejoice!!....have a blast, man!!

John 3:16-17 says, "God loved the world this way: He gave his only Son so that everyone who believes in him will not die but will have eternal life. God sent his Son into the world, not to condemn the world, but to save the world."

Yes! God gave his only Son....his only Son!!....how many of us are willing to lose your loved ones?.....how many of us are willing to lose your pride for something else?....God gave his Son for us sinners....he was sacrificed for our sins....Jesus was pure and holy and he lead a honorable life, without a single blemish....and this man was sacrificed for us sinners!!....he was the perfect specimen to be sacrificed for this whole sinful World!!...he was jus perfect!!

II Corinthians 5:17 says, "Whoever is a believer in Christ is a new creation. The old way of living has disappeared. A new way of living has come into existence."

A new way of living has come into being!!....there is no turning back!!...just believe it and walk in Faith!!

Romans 8:1 says, "So those who are believers in Christ Jesus can no longer be condemned."



We are no longer condemned...our destination is Heaven!! @....be truthful to God!!

Psalm 55:18 says, "He ransoms me unharmed from the battle waged against me, even though many oppose me."

The whole World might oppose you....they will say this and that about you....they will talk rubbish about you....when you are looking at your glorified future, they might still talk about your past....they might accuse you of everything you had done to them...but our Lord, will ransom us unharmed from this battle of the minds!!

John 14:12 says, "I can guarantee this truth: Those who believe in me will do the things that I am doing. They will do even greater things because I am going to the Father."

We will do mightier things through Christ!!.....after all we believe in the "Almighty"!!

John 14:21 says, "Whoever knows and obeys my commandments is the person who loves me. Those who love me will have my Father's love, and I, too, will love them and show myself to them."

God himself will show Himself unto us when we obey him!!....we should rejoice in his Words....keep up with his glory and grace....how many of us want to see him??.....I do!!

Isaiah 1:18 says, "Come now, let us reason together," says the Lord. "Though your sins are like scarlet, they shall be as white as snow; though they are red as crimson, they shall be like wool."

What a beauty that is!!....though our sins are red, He will make them white as wool...you become a new person....Glory be to God....dear friends, how many of us smoke and drink ignoring our body which is the temple of God, spend lavishly when there are people in this World who can't even have a single meal a day, and how many of us are greedy for money and wealth, get angry at the girl who cheated us of our relationships for something silly or some guy who cheated you for something, etc, etc...the Lord says He will forgive our sins....we start a new life altogether!!...

Here are some scriptures that elaborate the discussion above....

- I Corinthians 3:16-17 says, "Don't you know that you are God's temple and that God's Spirit lives in you? If anyone destroys God's temple, God will destroy him because God's temple is holy. You are that holy temple!"
- I John 2:15-17 says, "Don't love the world and what it offers. Those who love the world don't have the Father's love in them. Not everything that the world offers physical



gratification, greed, and extravagant lifestyles - comes from the Father. It comes from the world, and the world and its evil desires are passing away. But the person who does what God wants lives forever."

- Mark 7:20-23 says, "He continued, "It's what comes out of a person that makes him unclean. Evil thoughts, sexual sins, stealing, murder, adultery, greed, wickedness, cheating, shameless lust, envy, cursing, arrogance, and foolishness come from within a person. All these evils come from within and make a person unclean."
- Romans 8:6-9 says, "The corrupt nature's attitude leads to death. But the spiritual nature's attitude leads to life and peace. This is so because the corrupt nature has a hostile attitude toward God. It refuses to place itself under the authority of God's standards because it can't. Those who are under the control of the corrupt nature can't please God. But if God's Spirit lives in you, you are under the control of your spiritual nature, not your corrupt nature."

I Corinthians 15:33 says, "Don't let anyone deceive you. Associating with bad people will ruin decent people."

Yes! It is true associating with bad people will ruin decent people....We all know how it is....at least I know how it is! ③...I mean to say that, I was a bad guy....those poor decent people@....God will bless them all!!

The following scriptures lay emphasis on the same...

- II Timothy 2:21-22 says, "Those who stop associating with dishonorable people will be honored. They will be set apart for the master's use, prepared to do good things."
- Proverbs 11:21 says, "Be sure of this: The wicked will not go unpunished, but those who are righteous will go free."
- I Corinthians 15:58 says, "So, then, brothers and sisters, don't let anyone move you off the foundation of your faith. Always excel in the work you do for the Lord. You know that the hard work you do for the Lord is not pointless."

Proverbs 12:18 says, "Reckless words pierce like a sword, but the tongue of the wise brings healing."

This is absolutely marvelous....how many of us have people around us, who can soothe us in times of trouble?.....who can make us feel a little better?....who do us a favor by making us happy out of their own will?.....who advice us not to blame the other person?....who tell us not to hold bitterness and unforgiveness against the other person?....who care for us?....who support us in times of trouble and stay with us till we get out of it?....friends....I know....a very few of them...u can probably count them isn't it?....may be some of us don't have any...isn't it?...but, Jesus is



with us....He is in us!!....He will walk us through....we can talk to Him...He will talk and listen to us....we should keep everything in prayers and thanks giving...☺

The following scriptures lay emphasis on the same...

- Galatians 6:1 says, "Brothers and sisters, if a person gets trapped by wrongdoing, those of you who are spiritual should help that person turn away from doing wrong."
- Matthew 6:15 says, "But if you don't forgive others, your Father will not forgive your failures."
- → Matthew 5:7 says, "Blessed are those who show mercy. They will be treated mercifully."
- I Corinthians 13:7 says, "Love never stops being patient, never stops believing, never stops hoping, never gives up."

Matthew 6:27 says, "Can any of you add a single hour to your life by worrying?"

Glory be to God the almighty!! Isn't that amazing!! Thank you, Jesus!....just stop worrying and rejoice in the Word of the Lord...ask the devil to take a walk!!...that will keep him worried!!...hahha©

That eventful night, when I got saved, I kicked the devil out of my life and made a sacred covenant with Jesus Christ. I made a pledge that night, that I will lead a God fearing life and will be truthful to God!

Psalm 1:1-6 says, "Blessed is the man who does not walk in the counsel of the wicked or stand in the way of sinners or sit in the seat of mockers. But his delight is in the law of the Lord, and on his law he meditates day and night. He is like a tree planted by streams of water, which yields its fruit in season and whose leaf does not wither. Whatever he does prospers. Not so the wicked! They are like chaff that the wind blows away. Therefore the wicked will not stand in the judgment, nor sinners in the assembly of the righteous. For the Lord watches over the way of the righteous, but the way of the wicked will perish."

Thank you! Jesus! The law of the Lord is the Bible....We should meditate the scriptures day and night...whenever we are depressed in life...attacked by negative thoughts by the devil...he will bombard our mind with all evil doings....the only way to defeat his ways is to meditate on the Word!.....the doings of the wicked will not last forever!...Jesus will be our advocate....He will save us from them all!!

Joshua 1:8-9 says, "Do not let this Book of the Law depart from your mouth; meditate on it day and night, so that you may be careful to do everything written in it. Then you will be prosperous and successful. Have I not commanded you? Be strong and courageous. Do not be terrified; do not be discouraged, for the Lord your God will be with you wherever you go."



We should be strong and courageous...Jesus is with us wherever we go....he will give us a life of victory and no defeat at all!! ©

The following scripture lays emphasis on the same...

Proverbs 2:6-8 says, "For the Lord gives wisdom, and from his mouth come knowledge and understanding. He holds victory in store for the upright, he is a shield to those whose walk is blameless, for he guards the course of the just and protects the way of his faithful ones."

Psalm 37:4 says, "Delight yourself in the Lord and he will give you the desires of your heart."

A beautiful verse!!...delight and no worries...will lead to fulfillment of our heart's desire by Jesus Christ, the El Shaddai himself!! ②....it is as simple as that!!

The following scripture lays emphasis on the same...

Matthew 19:26 says, "Jesus looked at them and said, 'It is impossible for people to save themselves, but everything is possible for God."

Philippians 4:6-8 says, "Never worry about anything. But in every situation let God know what you need in prayers and requests while giving thanks. Then God's peace, which goes beyond anything we can imagine, will guard your thoughts and emotions through Christ Jesus. Finally, brothers and sisters, keep your thoughts on whatever is right or deserves praise: things that are true, honorable, fair, pure, acceptable, or commendable."

Keep everything in prayers and thanksgiving....do not worry about anything....we should keep our thoughts pure and holy and lead a spiritual life....God will walk us through miraculously....He will lead us in mysterious ways...Yes! You will be surprised...I have been a recipient of that shock and surprise!!...hahha...yeah....I know exactly how it is!! ©

The following scripture lays emphasis on the same...

→ Jeremiah 17:7 says, "But blessed is the man who trusts in the Lord, whose confidence is in him."

Matthew 6:33 says, "But first, be concerned about his kingdom and what has his approval. Then all these things will be provided for you."

Whatever it might be....we have to keep God as our priority...He should lead the way....He should be first in everything...anything else should be secondary...All glory and praise should be to God....Men are after all mortals!



Isaiah 54:17 says, "No weapon forged against you will prevail, and you will refute every tongue that accuses you. This is the heritage of the servants of the Lord, and this is their vindication from me,' declares the Lord."

We serve the Almighty Lord!!.....If He is with us, who can be against us?!! ②...He will make us a mighty conqueror and we will defeat each and everyone of those evil accusers!!

I Peter 5:7-8 says, "Turn all your anxiety over to God because he cares for you. Keep your mind clear, and be alert. Your opponent the devil is prowling around like a roaring lion as he looks for someone to devour."

The best and the most important thing we should do as believers is to keep our mind clear and alert!!...that's where the devil takes on his first step into our body!!...and, btw, stop listening to some of those deceitful people who can easily talk you into trouble!! ②...the devil had a good time with me too!!...hahha....thank God I am saved!

The following scripture lays emphasis on the same...

Psalm 56:11-13 says, "In God I trust; I will not be afraid. What can man do to me? I am under vows to you, O God; I will present my thank offerings to you. For you have delivered me from death and my feet from stumbling, that I may walk before God in the light of life."

I John 1:9 says, "God is faithful and reliable. If we confess our sins, he forgives them and cleanses us from everything we have done wrong."

Faithful and reliable!!....isn't that enough to know about the Lord!...how many of us have faithful and reliable people around us?...m not talking about your parents or siblings....m just talking about people around you!!...people you see and talk to in your daily life or work life....Jesus is!! ©

James 4:10 says, "Humble yourselves in the Lord's presence. Then he will give you a high position."



as it is the authority of God only.....all I am saying is, whatever that person said will come true, God willing!! ☺

The following scriptures lay emphasis on the same...

- I Peter 3:10 says, "People who want to live a full life and enjoy good days must keep their tongues from saying evil things, and their lips from speaking deceitful things."
- Psalm 31:23 says, "Love the Lord, all his saints! The Lord preserves the faithful, but the proud he pays back in full."
- Matthew 7:3 says, "Why do you look at the speck of sawdust in your brother's eye and pay no attention to the plank in your own eye?"
- Psalm 103:17-18 says, "But from everlasting to everlasting the Lord's love is with those who fear him, and his righteousness with their children's children with those who keep his covenant and remember to obey his precepts."
- II Corinthians 12:9 says, "But he told me: 'My kindness is all you need. My power is strongest when you are weak.' So I will brag even more about my weakness in order that Christ's power will live in me."

Psalm 37:23 says, "If the Lord delights in a man's way, he makes his steps firm."

Our steps will be made firm....Jesus will lead us to victory....our enemy might try to pull you down...Oh! Believe me he will!...what else he got to do?!...that's the only thing he knows....he is a specialist in that....The Lord who delights in us will make our steps firm...for all of us believers, the devil was defeated 2000 years back!!

The following scriptures lay emphasis on the same...

- Ephesians 1:19 says, "You will also know the unlimited greatness of his power as it works with might and strength for us, the believers."
- Psalm 91:14-16 says, "Because he loves me,' says the Lord, 'I will rescue him; I will protect him, for he acknowledges my name. He will call upon me, and I will answer him; I will be with him in trouble, I will deliver him and honor him. With long life will I satisfy him and show him my salvation."

Proverbs 3:5-6 says, "Trust in the Lord with all your heart and lean not on your own understanding; in all your ways acknowledge him, and he will make your paths straight."

In "ALL" our ways we have to acknowledge God....trust and faith are two pillar stones in a believers life....Have faith in the Lord.....He will straighten our paths and lead us to an abundant victorious life.



The following scripture lays emphasis on the same...

- Psalm 121:7-8 says, "The Lord will keep you from all harm he will watch over your life; the Lord will watch over your coming and going both now and forevermore."
- II Kings 6:15-18 says, "When the servant of the man of God got up and went out early next morning, an army with horses and chariots had surrounded the city. 'Oh, my Lord, what shall we do?' the servant asked. 'Don't be afraid,' the prophet answered. 'Those who are with us are more than those who are with them.' And Elisha prayed, 'O Lord, open his eyes so he may see.' Then the Lord opened the servant's eyes, and he looked and saw the hills full of horses and chariots of fire all around Elisha."

Hebrews 12:3 says, "Think about Jesus, who endured opposition from sinners, so that you don't become tired and give up."

Jesus, a man of purity and holiness was in this World....even those days, people were sinning all along just like the present day...but, He was able to endure the wicked people around him...and we as believers in Christ should not get discouraged and whenever we feel weak in us we know who to look up for....yeah! that's Jesus Christ....He will strengthen us and will keep us from defeat!! \odot ...no worries!

The following scriptures lay emphasis on the same...

- I Peter 1:16 says, "Scripture says, 'Be holy, because I am holy.'"
- John 16:33 says, "I have told you this so that my peace will be with you. In the world you will have trouble. But cheer up! I have overcome the world."

Ephesians 4:27 says, "Don't give the devil any opportunity to work."

As long as we are in Christ, the devil will take a back seat!! ②.... He is choice less!!

These are some of the scriptures that have healed me spiritually. In Jesus name! There are more and more to come as I get nourished with the Word of God.

Some revelations through Pastor Joel Osteen's Sermons:

I have compiled a few of Pastor Joel Osteen's revelations through his Sermons. Please, read them and try to follow them diligently to get healed. I would encourage you to visit his Lakewood Church some day in Houston which holds the biggest congregation in the U.S of A. It has a lively, Godly atmosphere to it and worshipping God in that Church is absolutely awesome!



- (1) "In time of trouble, in the time of distress examine your attitude. This is so important because it's so easy to get critical, to get negative. When things are not going your way, it is so easy to find fault with people. Most people think they inherited their attitude or that their attitude is a result of their circumstances. Your attitude is a choice. The attitude you choose today and the attitude that I choose, it's a choice. Whether I am bitter, whether I am happy, whether I am friendly or unfriendly, whether I am sour. Where is the love that overlooks the mistakes of others? Where is the love that overlooks the faults? Where is the love that sees the best in everybody? That gives people the benefit of the doubt? Have you ever thought about that? You know the bible says in I Corinthians 13 - you all know this scripture. It says that - and I will just paraphrase it to you. 'If you have all the gifts of the Spirit,' if you are super-spiritual and you give all your money to the poor and you can't love others, the bible says, 'You are just a loud clanging cymbal.' You know what the Amplified version says? This is some of the strongest words I have ever found in the bible. It says if you give all the gifts to the poor and you have all the gifts of the Spirit and you can't love others, God says, 'Then you are a useless nobody.' That's straight out of the Amplified version. Those are strong words. God is so - He does not like us to be critical and to find fault. He likes us to have a spirit of love around us. The Living Bible says, 'If you give all your needs to the poor and you are even burned alive for preaching the Gospel and you can't love others, it's of no value whatsoever.' Strong words, isn't it?"
- (2) "Listen friends, this is so important. If you make the mistake of meditating on what other people say to you, you will never reach your full potential in the things of God. It's so important to understand. Don't meditate on what anybody says about you. You find out what God says about you. Don't listen to the voice of discouragement."
- (3) "When negative thoughts come, there are three simple steps you need to take. All of you can remember these. The three R's. Number one. Recognize where those thoughts come from. God does not put thoughts of anxiety and fear and worry into your mind. They are from the enemy. And Satan is the father of lies. You can take just the opposite of what he tells you. Number two. Reject that thought immediately. Don't even dwell on it for five seconds. The longer you think about it, the harder it's going to be to get rid of. Don't think, "Well, what if this does happen? What if that was true?" No, you have got to reject it immediately. Don't give Satan the time of day. The third thing is the most critical. Replace that thought instantly with the Word of God. Rejecting and recognizing are not enough. If you don't replace that thought immediately, Satan will come back to you again and again and again. And he will bombard you. And he will finally wear you down until you will accept one of his lies. You have got to instantly replace that thought with the Word of God. And then you have got to start to meditate on God's Word. Just think about that promise."
- (4) "You can't harbor feelings of bitterness and unforgiveness and all kinds of hatred and anger and then turn around on the other hand and think that you are going to live this life of overcoming joy and a victorious Christian life."
- (5) "We ought to have a sincere desire to please the Lord from the pureness of our heart."



- (6) "Idleness gives a tremendous advantage to the enemy. One of the most times you have to stand guard and control your thought life is when you are bored or when you are lazy."
- (7) "One of the greatest hindrances I have ever seen that keeps people back from living an overcoming, victorious Christian life is the fact that people harbor so much unforgiveness and bitterness in their lives."
- (8) "You have got to forgive the people that have wronged you. Once and for all, give it to God. Just release it and then quit thinking about it. Quit dwelling on it. Don't dwell on the negative side of that memory whatsoever. And if you have not released all that unforgiveness, then every time you think of that memory, it's going to cause you more pain. It's going to cause you even more hurt. But if you will just give it to God and let it just go, God's mercy and God's grace will take over. And every time you think of that memory, He will bring a pleasant smile to our face and you will think, God, You are such a good God. You have brought me through that dark hour. You have such incredible mercy and grace that has helped me in my time of need."
- (9) "We should not be hard and critical and judgmental toward other people. Love sees the best in everybody. And every one of you, if you look hard enough and long enough, you can find something positive in every person you know. You can even find some good in your worst enemies. Love overlooks a person's faults."
- (10) "Jesus clearly gave us the requirements for having the right to be judgmental and critical toward other people. He said, it's okay to criticize somebody provided you meet this one simple requirement. And that requirement is that you have never once sinned yourself."
- (11) "When you are hard and judgmental and critical toward people, all you are really doing is planting bad seeds. And one day, you have got to know you are eventually going to reap what you plant."
- (12) "God does not send the difficulties. He does not send the problem, but He will use any situation we face in life to mature us and to develop us and to draw us closer to Him. He will not waste any of your adversities. But He will turn it around and He will get some good out of it, if you keep the right attitude. And that's a very big 'if'."
- (13) "It's not the size of the problem, it is your perspective of the size of the problem that's important. With the wrong perspective, you will let the smallest, most insignificant obstacle keep you in defeat for an entire lifetime. But with the right perspective, you will defeat and overcome some of the most incredible obstacles that you never dreamed possible. Quit dissecting the situation. Quit over analyzing the situation and trying to find out whose fault it is. My goodness friends, II Corinthians 4:4 says that Satan is "the god of this world." And as long as we live here, we are going to have obstacles to overcome."



- (14) "Every major decision you face, you should ask yourself the question, "What would Jesus do in this situation?" "How would He respond?" "What type of attitude would He have?" Every place you go, especially when you are not real sure you should go there, you should ask yourself, "Would I be comfortable bringing the Lord Jesus Christ with me into this place?" After all he lives on the inside of you. Each one of us has the responsibility to make wise choices throughout life so that we will live a pure and honorable life of excellence before God."
- (15) "See, the walk of faith is not a walk, as I said earlier, that does not include struggle and difficulty. I wish I could tell you that it did. But it includes adversities that we all have to face. And what I want you to see today is that God will use what you go through to bring you out stronger and greater, with a greater commitment toward Him. He's using that to build your character. I in no means mean that God sends the storm. I don't believe that. But I believe God will take what the enemy sent and He will turn it around and He will get some good out of it. See the storm is no time to blame God and whine and cry and say, 'Why God me?' and get bitter. It's no time for that. It's time to get stronger. It's time you know to be more devoted to God, to turn your attention toward God. You see many times, folks, the struggle is what gives us strength. Many times that's the way God has ordained it. Don't get bitter. I have seen people get bitter. Man, I am telling you bitterness will destroy you. Give up that bitterness. Bitterness is a terrible thing. Jesus spoke often about forgiving one another. He said, if you have been offended and you can't forgive your brother, He says, then the Father in heaven can't forgive you. Those are powerful statements aren't they?"
- (16) "You know how do we prioritize our life? What part of that 24 hours do we give to God? That's a real important question. See it's not going to happen automatically. You have got to give God part of your life. You have got to say, 'God, I am going to spend time reading your word. God, I am going to make time to pray. God, I am going to come to church.' Our priorities in life are so important. And it's so important that we keep God at the first place in our lives. I can be so busy doing a million different things, but the thing that is most important in our lives should be that we keep up our personal fellowship with the Lord Jesus Christ."
- (17) "Life's going by so fast. Give flowers. Give roses. Tell people you love them and appreciate them while they are alive. You know it's easy to take people for granted. And usually the ones we take for granted are the ones that we love the most."
- (18) "I am not saying your career's not important, but don't let things come between your relationship with God and in between your family. You have all heard the saying on somebody's deathbed, they never say, 'I wish I could have just worked one more day at the office.' You know have you ever thought about that? They always say, 'If I could have spent more time with my family.' Well today is the day to think about that. And some of you husbands, I am wondering if you tell your wife you love her, ever. You know you have got to take time. And I thought today that it would be okay if I just



stopped right now. And husband, if you are sitting by your wife, you tell her you love her and you can give her a kiss. It's okay to do this in church. I promise."

- (19) "You know this outward appearance is so superficial. Listen, we ought to see the best in everybody. Sometimes it is interesting. We criticize people for something they can't change. That's the way God made them. You are criticizing God's creation. You know if you are always negative and if you are always critical and if you are always bitter, you know what? I believe you ought to go in front of a full-length mirror and stand and look because that's where the problem is. That's where the problem is."
- (20) "The Bible says Jehoshaphat prayed like this, he said, 'God, we have no power or might or ability in ourselves. We know not what to do, but our eyes and our trust is upon You.' Sometimes we all get in situations in our lives where we can't do anything more. We say we don't know what to do. But we just need to say, 'God, our eyes are upon you.' And the Bible says that the Spirit of God thank God for the Holy Spirit. Thank God for the Holy Spirit. The Spirit of God came upon Jahaziel and he began to prophesy. Jahaziel was one of Jehoshaphat's men. And he began to prophesy and the word of the Lord came to him saying, 'Don't be afraid. Don't be fearful. This battle's not yours. You are not going to lift a finger.' God said, 'I am going to fight the battle for you.' He said to stand still and see the delivering power of God."

According to the Bible, David said, "Lord, you alone are my hope. I have trusted you from childhood. Yes, you have been with me from birth and helped me constantly. No wonder I am always praising you."

I would like to pray this every time my mind gets bombarded with a negative thought of the devil, "Listen devil, you have spoiled my life. You have wasted my precious time. You have fooled me long enough. You have deceived me long enough. I am sick and tired of being sick and tired. I don't ask you to leave. I don't beg you to leave. I don't do it in my name. I command you in the name of Jesus to get out of my life right now. Father, I thank you and praise you that the greater One lives on the inside of me. And, that you always cause me to triumph. Father, I thank you that no weapon formed against me will prosper because I am more than a conqueror. And, I thank you Father, Your word says that when my enemy comes against me one way, You will defeat the enemy for me and cause it to flee seven different ways. And, I just thank the Lord that it's not by might, it's not by power, but it is by His spirit that He is seeing me through. Amen!"

Psalm 139:23-24 says, "Search me, O God, and know my heart; test me and know my anxious thoughts. See if there is any offensive way in me, and lead me in the way everlasting."

Psalm 4:1 says, "Answer me when I call to you, O my righteous God. Give me relief from my distress; be merciful to me and hear my prayer."



I John 2:1 says, "My dear children, I am writing this to you so that you will not sin. Yet, if anyone does sin, we have Jesus Christ, who has God's full approval. He speaks on our behalf when we come into the presence of the Father."

I am so very glad that God has showered the gift of salvation on me!! Thank you, Jesus! Christ is my witness and my advocate! He gives me an unshakable confidence in God.

Glory be to God and God only!! No wonder I am at peace today!! ©