

## Introduction to ADX (Average Directional Movement Index):-

ADX is used to quantify trend strength. ADX calculations are based on a [moving average](#) of price range expansion over a given period of time. The default setting is 14 bars, although other time periods can be used.

ADX can be used on any trading vehicle such as stocks, mutual funds, [exchange-traded funds](#) and futures.

ADX is plotted as a single line with values ranging from a low of zero to a high of 100. ADX is non-directional; it registers trend strength whether price is trending up or down.

When the +DMI is above the -DMI, prices are moving up, and ADX measures the strength of the uptrend. When the -DMI is above the +DMI, prices are moving down, and ADX measures the strength of the downtrend.

ADX Value	Trend Strength
0-25	Absent or Weak Trend
25-50	Strong Trend
50-75	Very Strong Trend
75-100	Extremely Strong Trend

To check it Go to [in.investing.com](http://in.investing.com) and click on chart and then click on indicators icon and search adx and add it as shown below you can see adx is 40 means strong trend.



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